

Cemaes Rural District Council

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ANNUAL  
REPORT  
OF THE  
DISTRICT  
MEDICAL OFFICER OF HEALTH  
AND THE  
PUBLIC HEALTH INSPECTOR

1963

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C E M A E S      R U R A L      D I S T R I C T

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE

YEAR 1963

To the Chairman and Members of the Council,

Mr. Chairman, Mrs. Lewis and Gentlemen,

It is with much pleasure that I present my Annual Report on the health of your district for the year 1963.

The health generally throughout the district has been good, with little notification of infectious disease apart from measles, which was mild and without complications.

The area is becoming increasingly popular with holiday makers and this creates its problems, but fortunately there is little overcrowding.

Housing

This problem is almost solved except in the Newport and St. Dogmaels area, where there will always be a demand.

Again I should like to emphasize how important a part the Public Health Inspector plays in the maintenance of the conditions suitable for healthy living.

I should also like to take this opportunity of thanking the members of the Council and its officers for their continued courtesy and co-operation and to include in this my thanks to my clerk for all her help.

I have the honour to be,

Your obedient servant,

*P. M. Bowen*

PHYLLIS M. BOWEN, M.R.C.S.,  
L.R.C.P., D.C.H., D.P.H.

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# V I T A L     S T A T I S T I C S

Resident Population (Registrar General's Estimate)....1963....

.....8,600....

	<u>Gemaes R.D.</u> <u>1963</u>	<u>Gemaes R.D.</u> <u>1962</u>	<u>County of</u> <u>Pembroke</u>	<u>England</u> <u>&amp; Wales</u>
Live Births	119	137		
Live Birth Rate (per 1,000 pop.)	13.83	15.83	19.18	18.2
Illegitimate Live Births per cent of Total Live Births	4.20	10.21		
Still Births	4	nil		
Still Birth Rate (per 1,000 Live and Still Births)	32.5	nil	19.45	17.3
Total Live and Still Births	123	137		
Infant Deaths(Deaths under 1 year)	2	4		
Infant Mortality Rate(per 1,000 Live Births) - total	16.80	29.19	21.58	20.9
- legitimate	17.54	24.39		
- illegitimate	nil	71.42		
Neo-natal Mortality Rate(Deaths under 4 weeks)(per 1,000 Live Births)	16.80	7.29	13.41	14.2
Early Neo-natal Mortality Rate (Deaths under 1 week) (per 1,000 Live Births)	8.40	7.29	11.66	
Perinatal Mortality Rate(Deaths under 1 week and Still Births Combined)(per 1,000 Live and Still Births)	40.65	7.29	30.89	





The infant mortality rate shows a decrease on last year's figure and is also lower than the rates for both the County and for the country as a whole. There were two deaths of infants under 1 year of age, both from pneumonia. One was premature and the birth weight was 2lbs.12 ozs, and the baby died at 1 week old. The other baby died at the age of 1 hour.

	<u>Gemeas R.D.</u> <u>1963</u>	<u>Gemeas R.D.</u> <u>1962</u>	<u>County of England</u> <u>Pembroke &amp; Wales</u>	
Maternal Deaths	nil	nil		
Maternal Mortality Rate(per 1,000 Live and Still Births)	nil	nil	nil	0.28
Deaths	131	133		
Death Rate(per 1,000 pop.)	15.23	15.37	12.2	12.2

The general death rate remains higher than the rate for both the County and for the country as a whole, but again shows a slight decrease on last year's figure. Of the 15 deaths from malignant disease 2 were due to cancer of the lung. 45 out of the total of 131 deaths were due to heart disease. Approximately 59.54% of the total number of deaths from all causes occurred in persons aged over 70 years, and of these, 50% occurred in persons aged over 80 years.

<u>Causes of death</u>	<u>Male</u>	<u>Female</u>
TOTAL (All causes)	65	66
Malignant neoplasm of stomach	1	2
Malignant neoplasm of lung, bronchus,	1	1
Malignant neoplasm of breast	-	1
Other malignant and lymphatic neoplasms	4	5
Leukaemia, aleukaemia,	-	1
Vascular lesions of nervous system	10	15
Coronary disease, angina,	13	6
Hypertension with heart disease	3	3
Other heart disease	7	13
Other circulatory disease	5	4
Pneumonia	3	4
Bronchitis	4	1
Other diseases of respiratory system	-	2





<u>Cause of death (contd.)</u>	<u>Male</u>	<u>Female</u>
Ulcer of stomach and duodenum	1	-
Nephritis and nephrosis	1	-
Congenital malformations	1	-
Other defined and ill-defined diseases	5	5
Motor Vehicle Accidents	1	1
All other accidents	3	2
Suicide	1	-
Homicide and operations of war	1	-

#### NOTIFICATIONS OF INFECTIOUS DISEASES

3	Pulmonary Tuberculosis
38	Measles
1	Pneumonia
1	Ophthalmia neonatorum

#### TUBERCULOSIS

There were no deaths this year from tuberculosis but three new cases of respiratory tuberculosis were notified.

#### PREVENTION OF TUBERCULOSIS

B.C.G. Vaccination B.C.G. Vaccination of contacts and school leavers (i.e. pupils aged thirteen years and over) continues to be carried out in the district. During 1963 1 contact and 54 school leavers were vaccinated. The Chest Physician, Dr. Llewelyn Davies, also vaccinates contacts at the Chest Clinic.

#### MASS RADIOGRAPHY

The Mobile Unit of the Mass Radiography Service visited Newport in May and Crymmych in August, and carried out surveys amongst the general population. The total number of people who attended for chest X-ray was 193 and the results are as follows:-

<u>NEWPORT</u>	<u>Grand Total</u>	<u>Male</u>	<u>Female</u>
Total No. examined	86	44	42
No. found to be abnormal	7 (8.14%)	4	3
No. requiring further observation	3 (3.49%)	2	1
Other abnormalities of the chest	4 (4.65%)	2	2



COVID-19

	<u>Grand Total</u>	<u>Male</u>	<u>Female</u>
Total No. examined	107	67	40
No. found to be abnormal	21 (19.63%)	14	7
No. requiring further observation	2 (1.87%)	2	-
Other abnormalities of the chest	19 (17.76%)	12	7

NATIONAL HEALTH SERVICE ACT, 1946.LOCAL HEALTH SERVICES

Both vaccination against smallpox and immunisation against diphtheria, whooping cough and tetanus are carried out at the clinics and by the local practitioners, who are paid by the County Council on receipt by your Medical Officer of the record cards each quarter. The following records were received during the year:-

Vaccination Primary	27	Re-vaccination	16
Diphtheria Immunisation	69	Re-inforcements	4
Whooping Cough Immunisation	71	Tetanus Immunisation	66

VACCINATION AGAINST POLIOMYELITIS

The use of oral vaccine has been found to be very satisfactory, particularly for infants, but the response from the 15-25 age group is still poor.

NATIONAL ASSISTANCE ACT, 1948

Section 47:- Removal to suitable premises of persons in need of care and attention.

No action was necessary under this section.

CARAVANNING

There is an increasing number of caravans in the area - one of the most popular areas being Poppit Sands - but apart from the lack of a main water supply this site is well supervised.



REPORT OF THE PUBLIC HEALTH INSPECTOR FOR THE YEAR

1963

WATER SUPPLIES

<u>PARISH</u>	<u>Number of properties connected</u>
Bayvil	10
Bridell	29
Capel Colman	29
Castellan	40
Cilgerran	215
Cilhedryn West	---
Clydey	16
Dinas Cross	209
Eglwysrw	52
Llanfyrnach	222
Llanfihangel Penbedw	38
Llantood	14
Llanychlwydog	5
Llanfair Nantgwyn	25
Manordeifi	78
Meline	18
Monington	---
Moylegrove	39
Nevern	56
Newport	470
Penrith	13
St. Dogmaels	345
Whitechurch	13

WATER SUPPLIES sent for examination:-

Private Supply

Number taken	18
Satisfactory	18

UNFIT FOOD

During the year it was found necessary to condemn





the following foodstuffs:-

15lbs. tinned meats  
9lbs. tinned foods (various)

### HOUSING

- (a) Council Houses No Council houses were completed during the year. 147 houses are owned by the Council. 8 dwellings were under construction.
- (b) Private Houses 8 dwellings were completed and occupied during the year 13 were under construction at the end of the year.

### CARAVAN SITES

Authorities sites..	9
Permitted number under consent	448

### SEWERAGE SCHEMES

The Ponthydyceirt (Cilgerran) sewerage scheme was in progress (completed in 1964).

### REFUSE COLLECTION

Most of the area is collected weekly, some parts every 14 days, by means of a refuse lorry. Four tips are now in use, at Hermon, Newport, St.Dofmaels and Cilgerran.

### RODENT CONTROL

One man is employed as necessary to carry out this



work, and the tips are inspected and treated regularly.

### IMPROVEMENT GRANTS

During the year the Council approved:-

19 Discretionary and  
23 Standard Grants

### INSPECTION OF DWELLING HOUSES DURING THE YEAR

Total No. of dwelling houses inspected for housing defects (under Public Health or Housing Acts).	7
No. of dwelling houses inspected and recorded under the Housing (Consolidated) Regulations 1925 & 1932 included in previous column.	7
No. of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation.	2
No. of dwelling houses found not to be in all respects reasonably fit for human habitation (exclusive of those in previous column).	2
No. of defective dwelling houses rendered fit in consequence of informal action by the local authority or their officers.	nil

### ACTION UNDER STATUTORY POWERS DURING YEAR

<u>Housing Act, 1936, Sections 9, 10, &amp; 16.</u>	
No. of dwelling houses in respect of which notices were served requiring repairs.	nil
No. of dwelling houses rendered fit after service of formal notices. (By Owners).	nil
<u>Public Health Acts</u>	
No. of dwelling houses in respect of which notices were served requiring defects to be remedied.	nil



No. of dwelling houses in which defects were remedied after service of formal notices (By Owners) nil

Housing Act, 1936. Sections 11 & 13.

No. dwelling houses in respect of which demolition orders were made. nil

No. of dwelling houses demolished in pursuance of demolition orders. nil

Housing Act, 1936. Section 12.

No. separate tenements or underground rooms in respect of which closing orders were made. nil

HOUSING ACT, 1936 ~ OVERCROWDING

No. of dwelling houses overcrowded at end of year. 1

No. of families dwelling therein. 1

No. of persons dwelling therein. 9

No. of new cases of overcrowding reported during year. 1

No. of cases of overcrowding relieved during year. nil

No. of persons concerned in such cases. nil

FACTORIES ACTS, 1961.

1. INSPECTIONS

<u>Premises</u>	<u>No. on Register</u>	<u>Inspect-ions</u>	<u>Notices</u>	<u>Prosec-cutions</u>
(i) Factories in which sections 1,2,3,4,& 6 are to be enforced by Local Authorities.				
(ii) Factories not included in (i) in which section 7 is enforced by the Local Authority.				

NIL





1. INSPECTIONS (contd.)

<u>Premises</u>	<u>No. on</u> <u>Register</u>	<u>Inspect-</u> <u>ions</u>	<u>Notices</u>	<u>Prosec-</u> <u>utions</u>
(iii) Other premises in which section 7 is enforced by the Local Authority (excluding out-workers' premises).		NIL		
TOTAL		NIL		

T. L. BOWEN.

PUBLIC HEALTH INSPECTOR.





